

September 2021 Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p style="text-align: center;">Make sure you have your Community Center ID card with you at all times when using the Center! All adult activities and classes are for ages 18 and over except where noted. Children are not permitted in adult classes.</p>		<p>1</p> <p>10-11 am-Yoga</p> <p>11:05 am- 12:05 – Chair Yoga</p> <p>4 – 5 pm – Tai Chi</p> <p>6;30 – 7;30 pm Yoga</p>	<p>2</p> <p>10 -11 am Body Sculpting* (Paid class)</p> <p>11:05am – 12:05 Stretch & Tone</p> <p>6-7 pm-Line Dance</p> <p>7:05 –8:05 Zumba</p> <p>Movie: Grease 8:30 PM</p>	<p>3</p> <p>10:30 – 11:30 am Pilates – all levels</p> <p>2-3 pm – Tai Chi</p>	<p>4</p> <p>9:30- 10:30 am – Line Dance</p> <p>10:35-11:35 am -Zumba</p> <p>Building will close at 12:00 noon</p>
<p>5</p> <p>Building closed</p>	<p>6</p> <p>Labor Day (Building closed)</p>	<p>7</p> <p>No classes today</p>	<p>8</p> <p>No morning classes</p> <p>4-5 pm – Tai Chi</p>	<p>9</p> <p>No morning classes</p> <p>6-7 pm-Line Dance</p> <p>7:05-8:05 pm - Zumba</p>	<p>10</p> <p>10:30 – 11:30 am Pilates – all levels</p> <p>2-3 pm – Tai Chi</p>	<p>11</p> <p>9:30- 10:30 am – Line Dance</p> <p>10:35-11:35 am -Zumba</p> <p>Building will close at 12:00 noon</p>
<p>12</p> <p>Building closed</p>	<p>13</p> <p>9:30- 10:30 am – Tai Chi</p> <p>10:35-11:35 am-Kung Fu Fan</p> <p>6 – 7 pm-Pilates</p>	<p>14</p> <p>10-11 AM Body Sculpting* (Paid class)</p> <p>11:05 am – 12:05-Stretch & Tone</p> <p>6:30-7:30 pm – Yoga</p>	<p>15</p> <p>10 -11 am -Yoga</p> <p>11:05 am -12:05-Chair Yoga</p> <p>4 -5 pm -Tai Chi</p>	<p>16</p> <p>10-11 am Body Sculpting* (Paid class)</p> <p>11:05 – 12:05-Strech & Tone</p> <p>6 -7 pm-Line Dance</p> <p>7:05- 8:05 pm - Zumba</p>	<p>17</p> <p>10:30 – 11:30 am Pilates – all levels</p> <p>2-3 pm – Tai Chi</p>	<p>18</p> <p>9:30 -10:30 am – Line Dance</p> <p>10:35-11:35 am -Zumba</p> <p>Building will close at 12:00 noon</p>
<p>19</p> <p>Building closed</p>	<p>20</p> <p>9:30- 10:30 am – Tai Chi</p> <p>10:35-11:35 am-Kung Fu Fan</p> <p>6 – 7 pm-Pilates</p>	<p>21</p> <p>10-11 AM Body Sculpting* (Paid class)</p> <p>11:05 am – 12:05-Stretch & Tone</p> <p>6:30-7:30 pm – Yoga</p>	<p>22</p> <p>10 -11 am - Yoga</p> <p>11:05 am -12:05-Chair Yoga</p> <p>4 -5 pm -Tai Chi</p>	<p>23</p> <p>10-11 am Body Sculpting* (Paid class)</p> <p>11:05 – 12:05-Strech & Tone</p> <p>6 -7 pm-Line Dance</p> <p>7:05- 8:05 pm - Zumba</p>	<p>24</p> <p>10:30 – 11:30 am Pilates – all levels</p> <p>2 -3 pm – Tai Chi</p> <p>4-6 pm – TBA Golf for kids*</p>	<p>25</p> <p>9:30 -10:30 am – Line Dance</p> <p>10:35-11:35 am-Zumba</p> <p>1-1:50 pm Soccer Sips *</p> <p>2- 2:50 Soccer Elements*</p>
<p>26</p> <p>Building closed</p>	<p>27</p> <p>9:30- 10:30 am – Tai Chi</p> <p>10:35-11:35 am-Kung Fu Fan</p> <p>6 – 7 pm-Pilates</p>	<p>28</p> <p>10-11 AM Body Sculpting* (Paid class)</p> <p>11:05 am – 12:05-Stretch & Tone</p> <p>6:30-7:30 pm - Yoga</p>	<p>29</p> <p>10 -11 am- Yoga</p> <p>11:05 am -12:05-Chair Yoga</p> <p>4 -5 pm- Tai Chi</p>	<p>30</p> <p>10-11 am Body Sculpting* (Paid class)</p> <p>11:05 – 12:05-Strech & Tone</p> <p>6 -7 pm-Line Dance</p> <p>7:05- 8:05 pm- Zumba</p>	<p>All activities and times are subject to change without notice due to unforeseen circumstances.</p> <p>Please call our main desk if you have questions 201-592-4699, M-F between 9 am & 3:30 pm.</p>	

KEY:

ITALICS = Upstairs Multipurpose Room
BOLD = Downstairs Multipurpose Room

*** Recreation Department Program Registration at the Rec. Center**